

## Plan Your Visit to Abbott Mount

Abbott Mount is not just a destination for birding; it's a place where nature's beauty and tranquility come together. Extend your adventure by exploring nearby attractions like Lohaghat and the Banasur Ka Kila, where you can enjoy nature walks and discover the area's rich history.



Bar-Headed  
Goose

### Where to Stay

For a comfortable stay near Abbott Mount, consider these premium lodging options:

KMVN TRH, Abbott Mount: +91 86500 02550

KMVN TRH, Lohaghat: +91 86500 02551

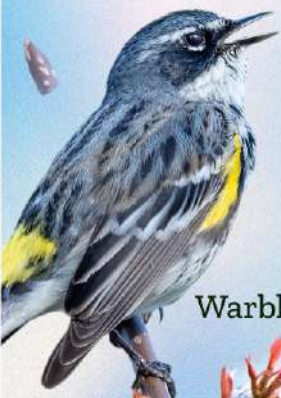
Book Online: [www.kmvn.in/booking](http://www.kmvn.in/booking)

### Getting Here:

By Road: 8 km from Lohaghat, 20 km from Champawat

By Train: 95 km from Tanakpur

By Air: 60 km from Pithoragarh Airport



Warblers



Blue-throated  
Barbet



For More Information,  
Please Scan Visit



[www.champawattourism.com](http://www.champawattourism.com)

#### CONTACT DETAILS

Address: District Tourism Development Office

Phone: 05965-230866

Email: [info@champawattourism.com](mailto:info@champawattourism.com)

YOU CAN ALSO VISIT THE FOLLOWING FOR MORE INFORMATION

[www.kmvn.in](http://www.kmvn.in)

[www.uttarakhandtourism.gov.in](http://www.uttarakhandtourism.gov.in)



## Abbott Mount: a *Birding Retreat*

Discover Nature's Feathered Treasures!



[WWW.CHAMPAWATTOURISM.COM](http://WWW.CHAMPAWATTOURISM.COM)

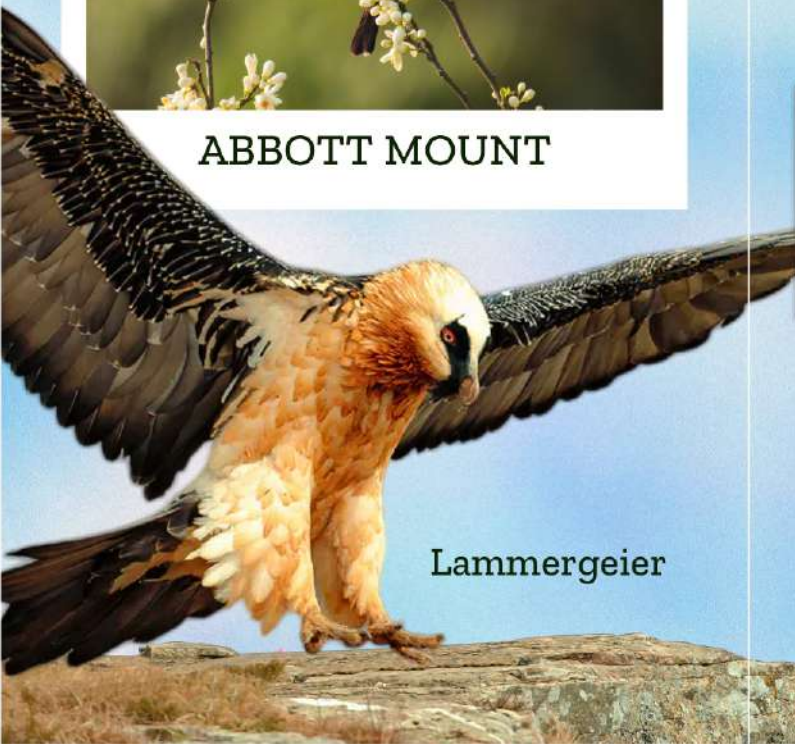


## Welcome to Abbott Mount, Champawat!

Set amidst the scenic hills of Uttarakhand, Abbott Mount is a hidden treasure for birding enthusiasts and budding photographers. Surrounded by dense rhododendron, deodar, and oak forests, the area offers a diverse habitat that attracts a rich variety of bird species. Depending on the season, the birdlife here shifts dramatically—spring and summer bring vibrant songbirds, while autumn and winter attract migratory species. Whether you're a seasoned birder or just beginning your journey, Abbott Mount's changing landscapes and unspoiled environment create the perfect backdrop to explore and capture the beauty of the avian world year-round.



ABBOTT MOUNT



Lammergeier

## Why Choose Abbott Mount for Birding?

**Rich Biodiversity:** Abbott Mount and its surroundings are teeming with birdlife, featuring over 200 species. From colorful songbirds to majestic raptors, the area offers incredible opportunities for both observation and photography.

**Ideal Habitat:** The dense forests of rhododendron, deodar, and oak trees create perfect nesting and feeding grounds for various birds. Notable species include the Himalayan Monal, Common Hill Myna, and the elusive Himalayan Black Bear.

### Birding Highlights Commonly Sighted Birds:

**Winter:** Look for migratory visitors such as the Eurasian Wigeon and the Bar-headed Goose.

**Summer:** Spot the Indian Pitta, Blue-throated Barbet, and various warblers flitting through the foliage.

**Year-round:** Witness the majestic Lammergeier and the beautiful Great Himalayan Gryphon soaring above.



Eurasian Wigeon



Indian Pitta



Hill Myna

### Advaita Ashram Area: A Birding Paradise

Just a short distance from Abbott Mount, the lush surroundings of Advaita Ashram offer an excellent birding experience. The serene environment is perfect for spotting species such as the Yellow-billed Blue Magpie and the Rufous-bellied Niltava. The combination of tranquil trails and diverse flora creates a vibrant setting for birdwatching and photography.



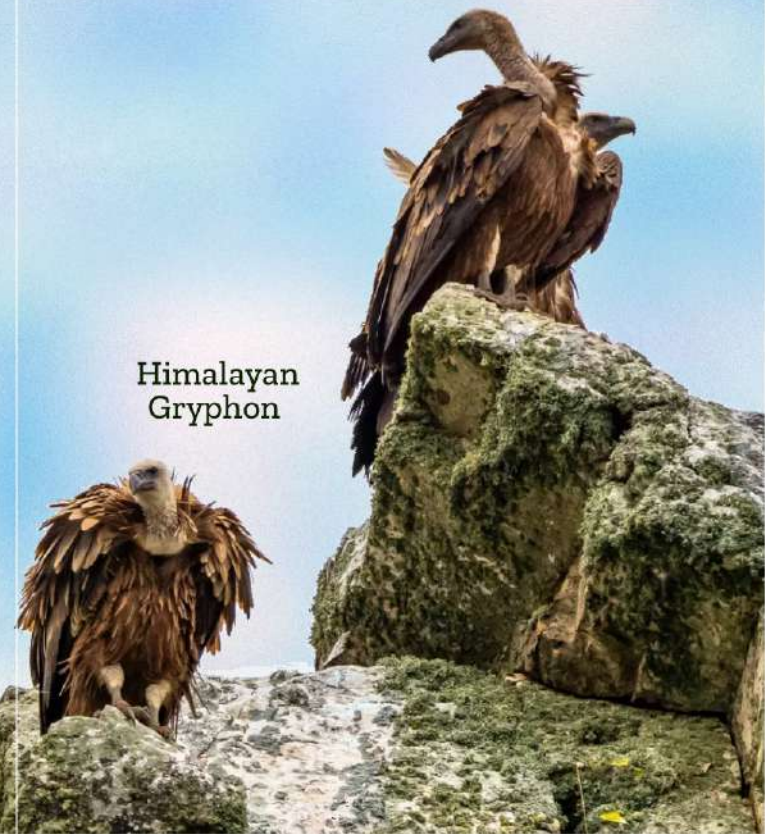
## Bird Photography Tips for Beginners

**Essential Gear:** A good pair of binoculars and a camera with a zoom lens (at least 200mm) are ideal for capturing stunning images of birds. A tripod can also help stabilize your shots.

**Patience is Key:** Spend time in one spot to increase your chances of sighting birds. Quietly observing their behavior can lead to great photography opportunities.

**Best Times to Observe:** Early mornings and late afternoons are prime times for bird activity. The soft light during these hours is also perfect for photography.

**Use Birding Apps:** Enhance your birdwatching experience with apps like Merlin Bird ID and eBird, which help identify species and track sightings.



Himalayan  
Gryphon